

Population Health Management

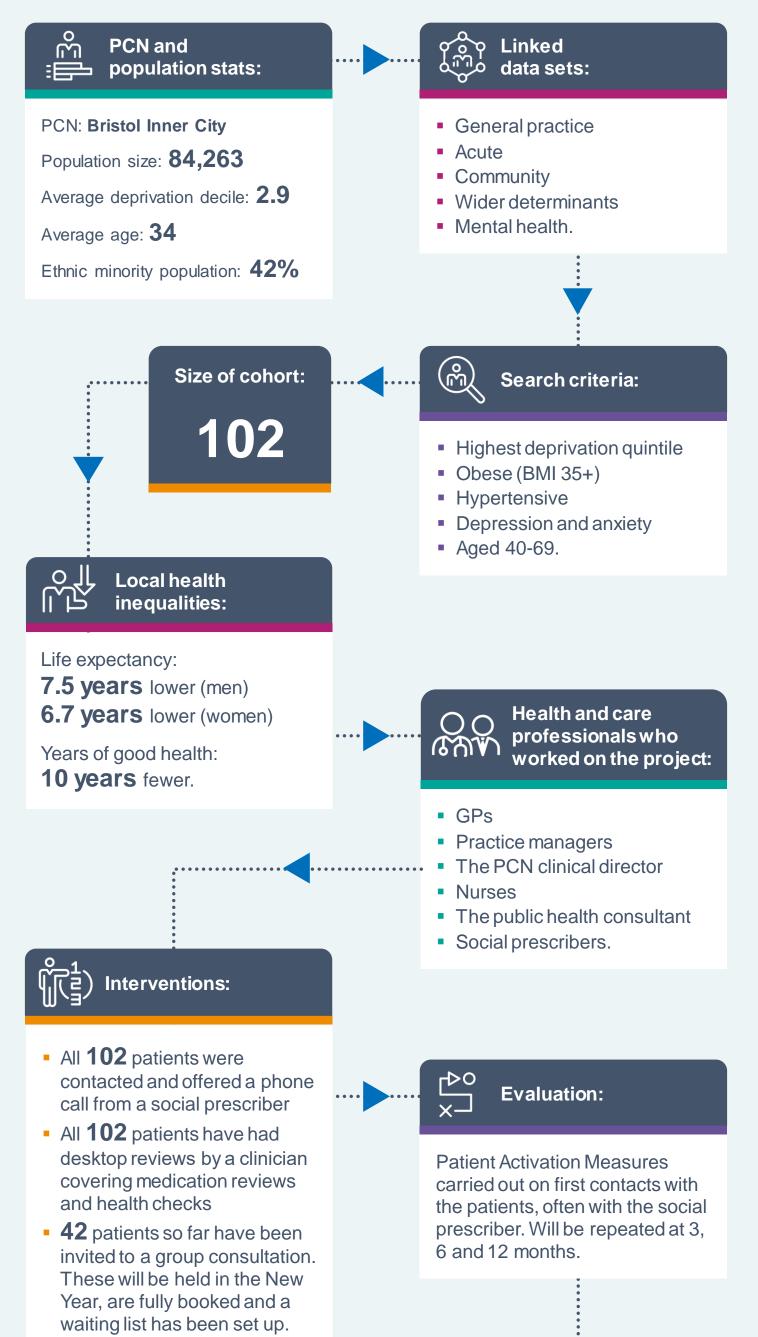


Most integrated care systems (ICSs) have taken part in the PHM Development Programme to upskill health and care workers to do this.



How Bristol Inner City Primary Care Network helped over 100 vulnerable people reduce risk of heart disease

The PHM improvement cycle







- Reduction in admissions for those with heart failure
- Fewer appointments in GP surgery
- Wider determinants addressed.

Aims for patient:

- Improve understanding of their health conditions
- Reduce smoking rates
- Increase physical activity
- Improve physical and mental health in ways important to them
- Particularly address wider factors affecting their health.

Quote from frontline worker:

"Being involved in the PHM pilot has introduced me to other services that support patients within the PCN that I was not previously aware of. Working collaboratively with these services has the potential to positively impact patient care and their overall experience of the healthcare we provide."

Ghislaine Swinburn, PCN dietician

For enquiries on this case study please e mail Anne Wray at <u>bnssg.phm@nhs.net</u>

For more information and case studies on PHM search for the PHM Academy on FutureNHS.

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