

Citizens' Senate Meeting no 24 **10.00am to 3.30pm 28th Jan 2020**

The Café Copley Hill Business Park
Cambridge Road, Babraham, Cambridge CB22 3GN

Meeting Notes

We welcomed a number of new members and spent time networking with others. We reinforced the purpose of the CS, also for the benefit of new members and guests.

Purpose of the Citizens' Senate

Gain familiarity of services and the changes

Offer guidance, policy and directives

Access to the specialists who are involved in health services - clinicians, Managers and staff

Opportunity to be involved with services & programmes, as well as courses/training

Networking and support

Energiser:

We spend a few minutes Looking at the 5 statements by Daniel Kahneman, Maya Angelou and Maggie Mead and shared our reflections of the meaning.

Pick one that resonates the most with you.

For me, no 3 - *you can take people along with you if you acknowledge their contribution and efforts and if you show that you value them.*

1. 'Sometimes it is the people that no one imagines anything of, that do the things that no one can imagine' - *Daniel Kahneman*
2. "No one ever made a decision because of a number. They need a story" *Daniel Kahneman*
3. 'I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel'. *Maya Angelou*
4. 'You may not control all the events that happen to you, but you can decide not to be reduced by them' - *Maya Angelou*
5. Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it's the only thing that ever has - *Margaret Mead*

Following this, we reflected on the content of last meeting and summarised the topics.

Reflecting on last session

- PCNs - 5 reimbursable roles. How we should play a part in it?

Clinical Pharmacist & Social Prescriber Link Worker by end 2019

Physician Associates & first contact physiotherapist by end 2020

First contact paramedics by end 2021

- Pamala Davidson-Knight talked about her role at the Positive ageing Research Institute at Anglia Ruskin. Research on ageing and life course interventions. Digital solutions / Incontinence pants / Movement sensors etc
- Update on our website - still waiting for profiles please please have a look at the reports and newsletters. I store all the material we cover at the meetings plus documents and guides that I think will help you in PPI work

Speakers

Charlotte & Rifah, from the comms, engagement & marketing team at Eastern.

(See slide deck)

Aman Gupta from NHS Innovation Accelerator team. You know we've been involved with the NIA for a number of years and we've helped promote - in early years Non-Injectable Connector, PneuX - for prevention of ventilator associated pneumonia? More recently - MyCOPD, Kardia, Waitless and Ranjit Manchanda's new care model for prevention and early diagnosis of cancer screening breast & ovarian cancer (BRACA 1/2gene)

(See slide deck)

Dr Amanda Stranks, Head of Communication & **Mark Avery**, Director of Health Informatics, CHUP

(see slide deck)

END

Next meeting - 23/4/2020 at The Café Copley Hill Business Park