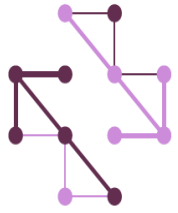


**East of England
Citizens' Senate**

Citizens' Senate meeting no 40

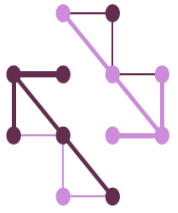
13th December 2022

Godwin Daudu
Kevin Minier



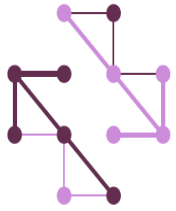
The Aims of the Citizens' Senate

- **To represent the public voice on the Clinical Senate**
- **To connect the Public Voice locally, regionally, and nationally via NHS programmes, the Academic Health Science Networks, and other organisations**
- **To be the public 'guiding conscience' for strategic/major healthcare decisions across the region.**



The Added Value of the Citizens' Senate

- **Access to a diverse network of lived experience**
- **Trained in co-production principles and involved in integrated programmes, service change, policy & research**
- **Supporting innovation for personalised care and patient outcomes**
- **Developed and delivered PPI/Co-production Strategies, Teams and Facilitation**
- **Access to a wide community of service providers, locally, regionally and nationally**



Agenda

Welcome, introductions and apologies

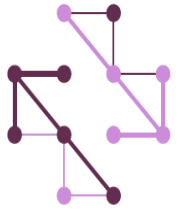
Members' share their involvement activities

Citizens Senate Update, Meeting Notes and Actions

Eastern AHSN Update – Opioid Deprescribing Toolkit

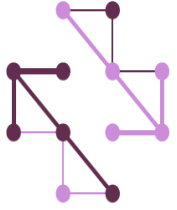
Mental Health Transformation

AOB & Next Meeting



Members inform the Citizens' Senate
about their involvement activities

Q&A



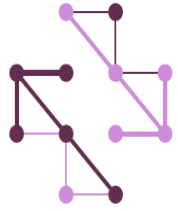
East of England
Citizens' Senate

Citizens' Senate Theme 2022/23

Access to Health and Social Care Services

Kevin Minier

East of England Citizens' Senate Manager

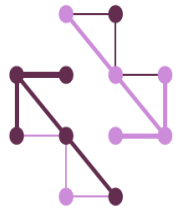


Strategic Co-production

Health Equity and the
Social Determinants of Health

Integrated Personalised Care

Setting Priorities and Training



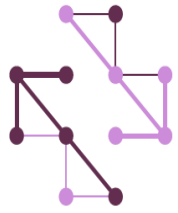
East of England
Citizens' Senate

Strategic Partnerships

Association of Directors of Social Services East
Personalisation and Prevention Network - over a brew
Carers Network - Carers Conference

East of England Psychological Professions Network (PPN)
Workforce Council

East of England **Aspiring** Psychological Professions Network



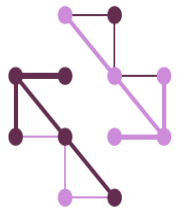
East of England
Citizens' Senate

Strategic Partnerships

Eastern AHSN Innovation Review Panel
Cardiology Innovation Focus Group
Eastern AHSN Lunch and Learn
Eastern AHSN Co-production Workshop

Research Design Service

University of East Anglia – Carer Support Nurse



East of England
Citizens' Senate

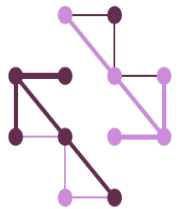
Membership

Involvement (Making a Difference)

Training/Mentoring/Accessibility (Strategic Co-production)

Citizens' Senate Meetings (Strategic Partnerships)

Website: Information, Glossary, Member Profiles / Weekly Drop-in / WhatsApp Group (Learning and Sharing)

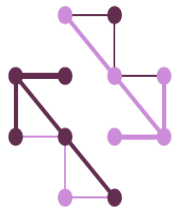


East of England
Citizens' Senate

Involvement – Making a Difference

Working in Partnership with People and Communities Statutory Guidance

<https://www.eoecitizenssenate.org/training-resources/working-partnership-people-and-communities-statutory-guidance>

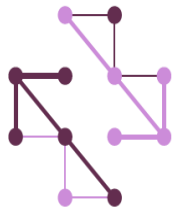


What Training is Required (Qualification/Accreditation)?

- Lived Experience
- Patient and Public Voice (PPV) Partner
- NHS Peer Leader/Facilitator Development Programme
- East of England Citizens' Senate Leading for Change

Mentoring?

Accessibility?



Mentoring

- Name/Profile - about you
- Lived experience - e.g. Mental Health
- Region - locality where you are most involved
- Main Role – e.g. PPG rep, Community Champion etc
- Organisations you are involved in, if any
- Profile photo

Meet and contact our members

Search our members Filter by our location

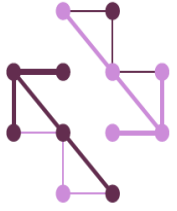
Trevor Fernandes Mike Hewins Ann Russell Rodney Earp Sarah Rae Paul Osman

Lindsey Cook Jeremy Dearling Dr Juliet Draper Ann Nutt David Huxter Fiona Carey

Mary Newton Norma Huxter Kevin James Michael Brown Sarah Steele Nat Barden

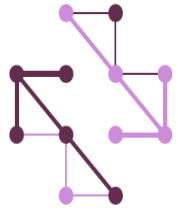
Ann Nunn Roy Johnson Colin Stodel James Woolnough Szara Coote Michael Golding

Claire Uwins David Lee Kevin Minier



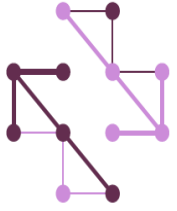
Pledge 1

We pledge to increase sensory awareness (sight, hearing and deafblindness) within the community of patient and public involvement across all patient and public involvement activities.



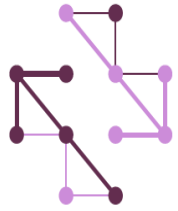
How we will achieve pledge 1:

Our members will be informed about how to remove obstacles for inclusion including sensory loss and commit to sharing this information with others.



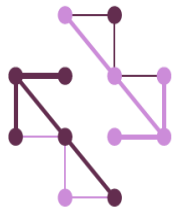
Pledge 2

We pledge to support inclusion (sight, hearing and deafblindness) within the community of patient and public involvement and across all patient and public involvement activities.



How we will achieve pledge 2:

Our members will support the organisers of patient and public involvement activities to be inclusive including the accessibility needs of people living with sensory loss (sight, hearing and deafblindness).



East of England
Citizens' Senate

Strategic Co-production

Eastern AHSN Co-production Workshop

Tuesday 17th January 2023 11am-3pm

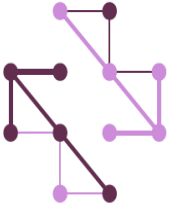
King Arthur Room, Unit C, Magog Court, Shelford Bottom,
Cambridge, CB22 3AD (Eastern AHSN/CS Offices) & Virtual

Citizens' Senate 41st Meeting

Tuesday 14th March 2023 10am-3:30pm

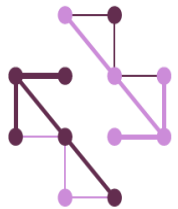
Hybrid (Face to Face and Zoom)

East of England Central Location



Citizens' Senate Meetings

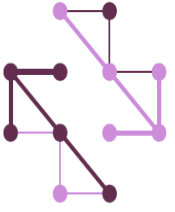
- To inform and be informed
- Network with existing and potential members
- Develop relationships with strategic partners
- Demonstrate our added value
- Generate further involvement
- Make an impact



Meeting Dates 2023/2024

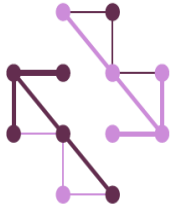
- Tuesday 17th January 2023 11am-3pm (Cambridge)
- Tuesday 14th March 2023 10am-3:30pm (Cambridge)

- Tuesday 9th May 2023 12:30pm-2pm (Zoom)
- Tuesday 11th July 2023 12:30pm-2pm (Zoom)
- Tuesday 12th September 2023 12:30pm-2pm (Zoom)
- Tuesday 14th November 2023 12:30pm-2pm (Zoom)
- Tuesday 9th January 2024 12:30pm-2pm (Zoom)
- Tuesday 12th March 2024 10am-3:30pm (Cambridge)



Building our Network

- Increase Membership
- Lived Experience Partners
- Researchers
- Commissioners
- Service Providers
- Innovators



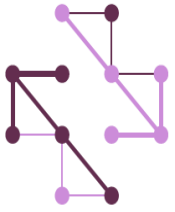
East of England
Citizens' Senate

Learning and Sharing

Citizens' Senate Meeting and Website

Weekly Drop-in Session
(a body of expertise providing perspectives on
specific health and social care matters)
Every Wednesday 8:30am-10am

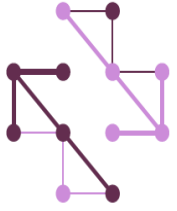
Citizens' Senate Members WhatsApp Group



East of England
Citizens' Senate

Meeting Notes & Actions

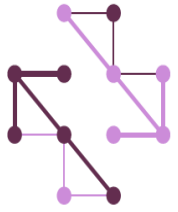
Meeting no 39 18th October 2022



East of England
Citizens' Senate

Citizens' Senate Update

Q&A

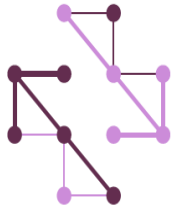


East of England
Citizens' Senate

Eastern AHSN Update

Opioid Deprescribing Toolkit

Kumud Kantilal, Eastern Academic Health Science Network



East of England
Citizens' Senate

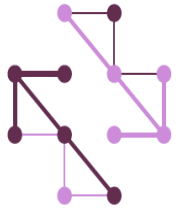
Mental Health

Mental Health in the Black Community

Godwin Daudu, Citizens' Senate

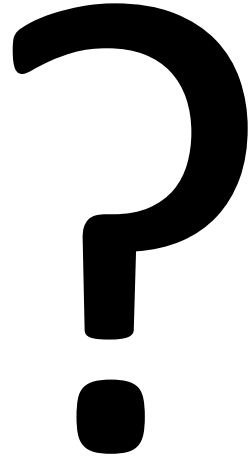
Mid and South Essex Mental Health Model

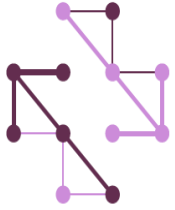
Trevor Fernandes, Citizens' Senate



East of England
Citizens' Senate

Any Other Business

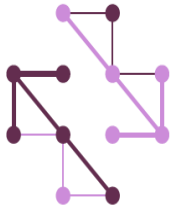




Next Meeting

Tuesday 17th January 2023
Hybrid (Face-to-Face and Zoom)
11am-3pm

Tuesday 14th March 2023
Hybrid (Face-to-Face and Zoom)
10am-3:30pm



East of England
Citizens' Senate

Citizens' Senate

Thank You

East of England Citizens' Senate

www.eoecitizenssenate.org

contact@eoecitizenssenate.org