



Improvement update

30 January 2018

Caroline Angel, Improvement Director

**AHSNs are driven by two imperatives:
improving health and generating economic
growth in our regions**

- 15 Academic Health Science Networks across England
- Licensed by NHS England
- Connect health and social care providers with researchers and industry to accelerate the spread of service and technology innovations



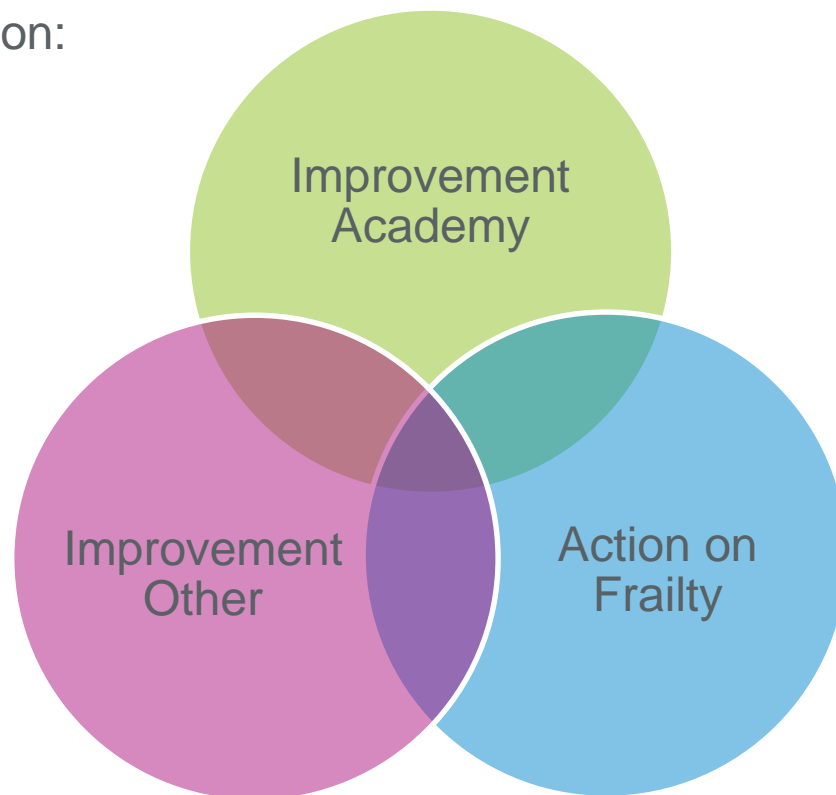
Our Improvement Programme

Building a Quality Improvement infrastructure for the Eastern region:

- Board programme
- QI Skills building
- LIFE QI platform
- Eastern Improvement Hub
- Eastern Improvement Network
- Eastern Improvement Faculty
- Q

Delivering other national and regional Improvement initiatives:

- Atrial Fibrillation
- Mortality Case Record Review training
- Emergency Laparotomy QI



Delivering our Patient Safety Collaborative, focused on

- Medications safety
 - Transfers
- Deterioration

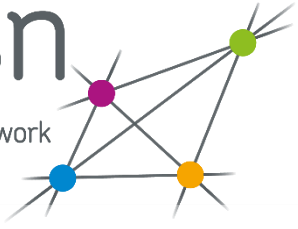
National Workstreams:

- Maternity
- Deterioration
- Culture



Involvement in the Patient Safety Collaborative

- Action on Frailty
- Medications Safety Workshop in November, next one planned for 6th March
- Research on patient involvement in defining health care safety
- Maternity Communities of Practices membership includes mums and partners
- Culture – next learning event on 26 April
- Inter-hospital transfers – working with Clinical Senate and Public Health England



Thank you



Atrial Fibrillation

Dr Amanda Buttery

Atrial Fibrillation Programme Manager

amanda.buttery@eahsn.org



What is Atrial Fibrillation?



- A heart condition that causes an irregular and often abnormally fast heart rate
- Symptoms:
 - dizziness, shortness of breath, tiredness. Aware of heart palpitations
 - Many have **no symptoms** at all.
- Risk factors:
 - age, high blood pressure, alcohol, obesity, diabetes and other conditions.

It increases the risk of having a stroke

Atrial fibrillation can be treated

- There are medications that help
- Warfarin and other heart medications (oral anti-coagulants)
- **Opportunities** to help more people
 - 30% of people with AF don't know they have it (underdiagnosis)
 - Over half of people are not getting the right medicines at the right dose



Atrial Fibrillation: A priority for many organisations



*The***AHSN***Network*

The AHSN Approach: Detect, Protect and Perfect



AF Toolkit for commissioners and clinicians



NHS London Clinical Networks

IMPERIAL COLLEGE HEALTH PARTNERS

UCLPartners Academic Health Science Partnership

hin Health Innovation Network South London

Introduction to pan London programme

Data

DETECT

PROTECT

PERFECT

Anticoagulation myth busters

Resources

Contact us

Atrial Fibrillation (AF) toolkit
Detect, Protect and Perfect

Working together across London to prevent AF related strokes

This toolkit provides methodologies, resources and support for commissioners and clinicians working to reduce AF related strokes

Get Started

AFA AF Association

anticoagulation experts

Atrial Fibrillation Alliance

Stroke association

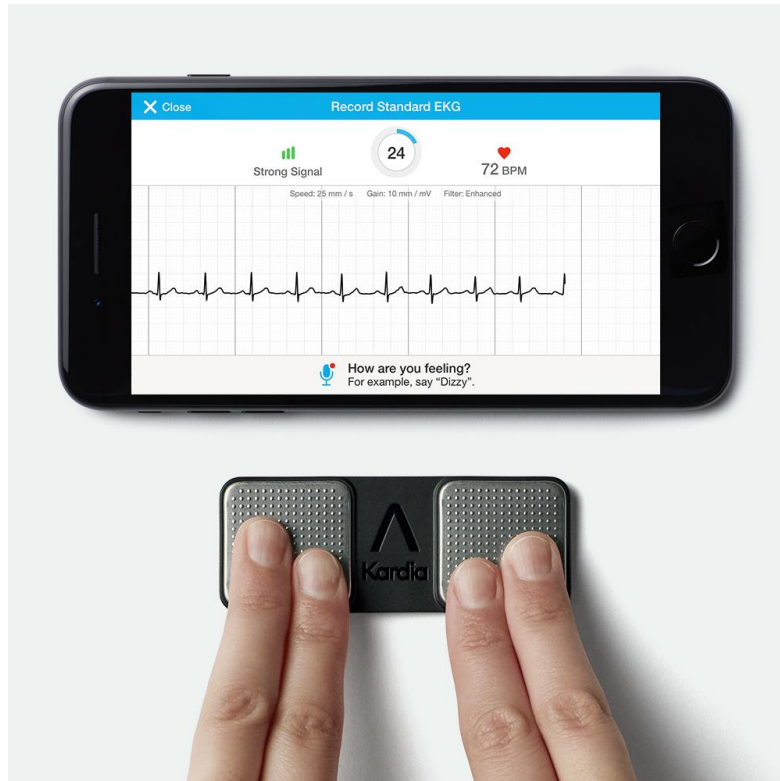
Thrombosis UK

- Stroke caused by AF tends to be severe and is associated with significant mortality and morbidity.
 - Professor Tony Rudd CBE

bit.ly/london-af



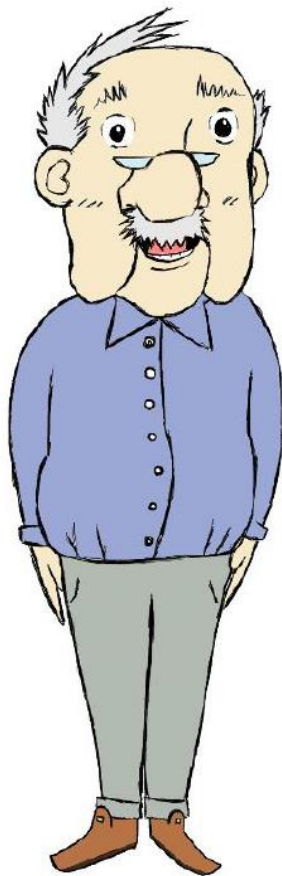
New mobile medical machines



- NHS England are supporting the use of more mobile ECG machines
- We are offering these devices to clinical services to help them



Have you met Jack yet?



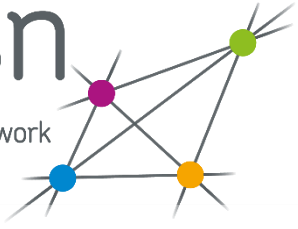
- The video shows Jack and his story of starting anticoagulant medicines
- Could the Citizen's Senate please promote this?
- View it on the Eastern AHSN Improvement Hub <http://www.eahsn-hub.org/> or www.wessexahsn.org.uk/jack

Coming soon to Cambridge...

- Arrhythmia Alliance Cardiac Update Meeting in Cambridge
- When? Monday 23 April 2018
- Where? DoubleTree by Hilton, Cambridge City Centre
- More details and how to book here



<http://www.hearhythmalliance.org/aa/uk/cardiac-update-meetings>



Thank you